



Deep Cleaning Check list



*This check list is for a **Deep Clean** only.*

Purpose:

To remove built-up dirt, grime, and hidden gunk. Perfect for first-time clients, seasonal cleanings, move-ins/move-outs.

Frequency:

As needed, usually once every few months or as a one-time service.

Kitchen

- ✓ Inside and outside of appliances (oven, microwave)
 - If refrigerator is empty we clean the inside and outside
- ✓ Stovetop, removing any burned-on food or grease.
- ✓ Clean backsplash.
- ✓ Counters cleaned and disinfected, all items removed wiped down & placed back.
- ✓ Clean the dishwasher, by running an empty cycle. Wipe down and disinfect the outside
- ✓ Faucet cleaned—top, under handle, sides, around caulking
- ✓ Sink scrubbed & washed—if dishes are not present

- ✓ Kitchen table/ Chairs/ Stools cleaned & disinfected.
- ✓ Clean the exterior/interior of all kitchen cabinets,
- ✓ Disinfect High touch areas (Light switches and Doorknobs)
- ✓ Empty trash can and wipe down the outside.
- ✓ Dust any wall hangings
- ✓ Window seals cleaned
- ✓ Sweep or vacuum the kitchen (under furniture & Corners
- ✓ Mop floors remove any dirt or stains
- ✓ Remove all Cobwebbs
- ✓ Hand-Wipe baseboards (we will advise if painting is needed)
- ✓ Wipe down walls (we will advise if painting is needed)



Bedroom

- ✓ Change bed sheets, pillowcases, & comforters. (if provided)
- ✓ Fluff and rotate any pillows & cushions.
- ✓ Clean and Disinfect all surfaces, including furniture, picture frames, lamps, & Mirrors. (Exterior only)
- ✓ Clean upholstery, such as chairs or a headboard, using a vacuum or upholstery cleaner wipe down.
- ✓ Wipe down electronics, such as televisions and speakers.
- ✓ Exterior/Interior of light fixtures - 8ft under.
- ✓ Disinfect High Touch areas (light switches & Doorknobs)
- ✓ Vacuum/sweep floors, making sure to get into corners and under furniture.
- ✓ Vacuum all rugs in the room.
- ✓ Baseboards hand-wiped down
- ✓ Clean window sills (remove Dust)
- ✓ Dust curtains, blinds
- ✓ Empty trash bin replace Trash bag

Bathroom

- ✓ Clean Mirrors - Streak Free
- ✓ Exterior of all cabinet dusted, and cleaned
- ✓ Exterior of light fixtures dusted - 8ft under
- ✓ Vanity top dusted & cleaned - items removed, Cleaned & replaced
- ✓ Faucet cleaned—top, under handle, sides, around caulking
- ✓ Sink scrubbed & washed
- ✓ Handsoap dispenser cleaned
- ✓ Toothbrush holder cleaned
- ✓ Toilet paper holder dusted
- ✓ Towel bar dusted & cleaned
- ✓ Molding & corners dusted
- ✓ handwipe baseboards
- ✓ Door hand wipe (will advise if painting needed)
- ✓ All points of contact cleaned (light switches, doorknobs).
- ✓ Toilet interior scrubbed.
- ✓ Toilet exterior cleaned & disinfected—including base, behind the toilet.
- ✓ Tub & shower area scrubbed & disinfected, including top lip & door if present



- ✓ Dust any wall hanging
- ✓ sweep and mop floors
- ✓ Trash bin emptied & bag replaced.

Living room

- ✓ Dust curtains, blinds.
- ✓ Clean Window sills (we do not move furniture)
- ✓ Wipe down electronics, such as Tv's and speakers, remote controls
- ✓ Clean any wall hangings/picture frames
- ✓ Clean any upholstery, such as sofas or chairs, using a vacuum or wiping upholstery.
- ✓ Clean/Disinfectant any decorative items, such as vases or figurines.
- ✓ Clean inside/outside of light fixtures, 8ft. Under (No Chandeliers)
- ✓ Dust and Lightly Organize any books or other items on shelves.
- ✓ Trash bin emptied and bag replaced.
- ✓ Wipe down all furniture or coffee table, side tables.

- ✓ Hand-wipe baseboards

- ✓ Wipe Down walls, Remove spiderwebs

- ✓ Disinfect all High-touch areas (light switches, and doorknobs)

- ✓ Clean all mirrors - Streak free

- ✓ Sweep/Vacuum floors making sure to get every area/corner that's reachable (we do not move furniture)

- ✓ Mop all floors (if applicable)

Office/Common areas

- ✓ Dust curtains or blinds in the room
- ✓ Dust and disinfect ALL Surfaces, (only) including desk, shelves, and furniture.
- ✓ Clean any computer screens or other electronics.
- ✓ Clean any light fixtures - 8ft under.
- ✓ Clean and disinfect any decorative items, such as pictures or wall hangings.
- ✓ Clean mirrors in the room.
- ✓ Clean and Dust any game room area or hangout area
- ✓ Vacuum/Sweep the floor
- ✓ Mop the floors